

AT-HOME ACTIVITIES FOR KIDS OF MANY AGE GROUPS

Getting Started: Parents & Grandparents might want to gather a few fun items to have on hand in the home for the upcoming activities. You might be surprised how many of these things you already have lying around. Let the kids look for them, when it comes time to gather, like a Scavenger Hunt!!

Craft Box: Kids love to be challenged. So first off – start a box (one from the grocery store) of all kinds of things for crafts like toilet paper rolls, multi-types of ribbon, kid scissors, glue, crayons, paper clips & metal brads, paper (could be oops paper from your printer, Styrofoam from everywhere, plastic bottles &/or cups & spoons, egg crates, paper plates of varying sizes, colored tissue paper, googlie eyes are fun, felt, yarn, boxes from the store, magazines, etc. If you have it lying around or are about to recycle it, think twice – it might be great for a craft!! Ask your children to help keep the CRAFT BOX full! Ask Grandma for things from her house! Kids will see things you don't, that are great for a craft project, like a tuna can without sharp edges. This is an on-going activity, so keep the Craft Box full!! It will be used for different purposes.

Books: Do you have a favorite book to read right now? What book would /could you read? Did you know that the public library checks out books virtually if you have a library card? You don't even have to go to the library to check out a book!! Just download the book to your cell phone or computer! It can be an eBook or Audio book! So you or anyone can enjoy "reading"!! Call your local library and ask about this service if you don't have the app on your phone or computer!! Your kids can have such fun listening to a book or reading! No excuses for not getting those books read!! (San Diego County Library system <https://www.sdcl.org/> and the San Diego City Library system <https://www.sandiego.gov/public-library>). How many books can you read in a WEEK?? Let's start a book chart at home of the books we are reading!

When You Rise in the Morning Activity: Be sure to make your bed right away! It's always good to keep things neat, like they do onboard a ship. If the ship gets messy, sailors will trip over things, causing hazards and possibly a danger to all. Or they will not be able to find necessary items when needed Not a good idea! So, for the good of the family it is always best to keep "a tight ship!" If you like the idea of earning stars or points, decide with the family what this activity is worth and start the morning with stars or points!

Good Morning Activity: Make Pancakes (with secret ingredients of vanilla & cinnamon!) that look like **bunny rabbits**, the **letter** of your name, a **house**, the **moon**, or whatever clever things you can create with Mom, Dad, Grandma or Caregiver. Now eat them with jelly, peanut butter, syrup, honey, chopped nuts, or raisins!! Yum that sounds great!! Take a picture and send it to a family member who is not there! Take a picture of you eating a big bite!

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Let's be Thankful for each of our Meals! Do you know a blessing to give at the beginning of each meal? Do you say the blessing or sing it? Can you sing the blessing with your family? Try the "Johnny Appleseed" Song, you'll find it online.



Mid-day Activity: (Use the Craft Box.) Choose one: **draw a picture** of what you have done this morning **OR** **create a collage picture** of what you did. What did you do? Eat breakfast, clean up your room, watch tv, brush your teeth, play with your pet, have a discussion with your sibling? Do you know what a collage is? Take paper or any items and fix them on to a large sheet of construction paper as your background. Cut or rip paper to make the items you need to represent your picture. This is a challenge but very fun! You'll need glue to paste down the items onto your construction paper backing. Show the picture to your parent when s/he comes home tonight. Take a picture of it with a cell phone and send it to someone. Explain what the picture is all about.

Create a Self-Portrait! That's a picture of yourself!! FUN! You'll need a mirror & lots of paper.

Collage: Many famous artists have used the collage technique. It's from the French word coller, which means "to glue". It's such fun to take all sorts of objects – or just pieces of paper – and glue them on a large sheet of construction paper!

*Image from Wikipedia.

After Breakfast Activity: Brush your teeth with the hand you usually do not use to brush your teeth! Do a great job of brushing the way the dentist tells you to brush. Is this difficult with the opposite hand? Usually it is a challenge to use your non-dominant hand. It lets you know what people need to do who break their arm or have a problem with their dominant hand and need to use their opposite hand have to do. Life can be challenging for them. Rate this challenge for difficulty from 1-10 as 10 being the most difficult.

Lunch Time: Help make your **sandwich** with the ingredients you like best (P, B & J; ham & cheese; tuna with pickle relish & mustard; egg salad; you think of something good) and then cut the sandwich in triangles and put the points facing each other so they look like a **butterfly**!! What else do you have to add to the butterfly to help it look more like a butterfly? Sliced olives, nuts, coconut, Cheerios (or other cereal), look around the kitchen and be creative. Then take a picture and send it to someone you love BEFORE you bite into it!!

Afternoon Craft Project: Remember that Craft Box you put together? Go get it and set it out on a table that you can work on to do craft projects. If you are at the dining room table, be sure to cover it with paper or a plastic cover to protect it before doing crafts. Think about keeping things neat and safe!

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Now here's your challenge! You have 30 minutes (or the allotted time agreed upon) to choose objects from the craft box to create whatever you would like to make. NO TAPE allowed! You get to think of clever ways to hold your pieces together (like maybe tying ribbon together, or brads, or paperclips, or ?????) It's up to you to make something you can be proud to show to others! Take a picture of your craft when it is completed – with you in the picture!

Game Time: Play a **game** with someone at your house – or if no one is available to play a game, learn how to play solitaire with a deck of cards or on the computer. It's very challenging. You will have to learn how to think ahead. There are several solitaire games you can learn, like Klondike, Spider and others. Look them up on the Google and teach yourself or someone else.

Game of Categories: Draw 4 lines going down on a sheet of lined paper (for fold paper in half the long way once, then twice – then draw lines on the fold), so that sheet now is divided into 4 sections.

Then draw four lines across on the lines of the paper, so that you now have 4 sections going down.

The number of sections can vary, depending on the attention span of each child.

Down the left side, put some letters of the alphabet (for example, you could spell out a child's name: BRAD).

Across the top, write categories —for example, girls' (boys') names, car makes, animals, colors, capitols, countries, vegetables & fruits, fast foods, etc . You can make this harder or easier by changing the categories.

Players take turns writing in words that fit the category and start with the letter in the left-hand column. (Next to the letter B, in this example, you might have Brianna, Buick, baboon, Bismarck, Belgium, Banana, etc.) Give extra points for words that nobody else thought of if you are playing with more than one person. Or if you are just one, ask your parent to try this when s/he arrives home. It's a good challenge for them, also!!

Setting the table for Dinner: Do you know how to set a proper table? If not, it's time to learn!! On the left of the plate goes the fork. On the right of the plate goes first the knife, then the spoon. Above the knife is located the drinking glass. Look this up on a website to see how a proper table setting looks. It's fun to set the table correctly for each meal and make your table look good. What other things can you do to enhance the table for the family meal?

Idea: <https://www.realsimple.com/holidays-entertaining/entertaining/how-to-set-a-table>

The Five Food Groups

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DAY #2 –

Rise & Shine in the Morning Activity: Be sure to make your bed each day!! Take on your responsibilities to family and home life! Be proud of yourself!! Take a picture of your freshly made bed! How great that looks!! Stand next to it for your picture.

What's for Breakfast today? Can you assist by setting the table? Now you know how! Also, you can help determine what makes a healthy meal. What is healthy for breakfast?

Protein, fruit, - so what do I need? Milk, egg, apple, bananas, orange, hmmm? What's the best way to eat something fun and stay healthy?

How about a scrambled egg taco, or oatmeal with all kinds of fun things for toppings (nuts, blueberries, strawberries, cinnamon, almond butter, chocolate chips – are we allowed? Raisins, jam, honey, etc.), or pancakes created in fun shapes like your initials or a house or a moon, or a car!

Be sure that whatever you eat is well-balanced. Talk to the adult in the room and look over what you are eating. What is the protein, fruit,

vegetable, dairy, grain?

Image: Johnlkerd.com

Let's be Thankful for each of our Meals! Do you know a blessing to give at the beginning of each meal? Can you sing it with the family?

Morning Craft Project: Let's make some nice placemats for the table! Make a placemat for each person in your family. You when then put the placemat on the dining room / kitchen table where you all eat. Be creative. You'll need a sheet of paper for each placemat. If you have a roll of paper, that's even better, so you can use larger sheets for the placemats. Use color crayons, marking pens, or cut slits in the paper and weave strips of construction paper in the main mat to create a woven look! Take your time and be creative! Once complete, place on the table for use at each meal.

Mid-day Exercise – Go outside in your yard, in the driveway, on your sidewalk, somewhere safe close to your home and do some jumping jacks. Count how many you do. Have someone video you jumping and send the video to your parent or grandparent. High 5 for doing a great job!! Now touch your toes 10 times. Whew. Next, stand up tall, spread your hands out wide, then up to sky. Can you do that 10 times – or more?? Who can be the leader in your group? Do you know how to play Simon Says? Try that now.

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According to Education Space:

How to Play Simon Says:

1. Choose someone to be "Simon."
2. Have "Simon" give a command to the other players.
3. If the command starts with "Simon says..." the players have to do it.
4. If the command doesn't start with "Simon says..." and a player does it, they're "out."

Simon might say – "Simon says, Jump" - Simon might say, "Simon says, Take one step forward" etc. Everyone needs to do these commands. If he says, "Jump" and someone jumps – they are now out of the game!!

Mid-day Math – Go inside and work on Math! Now that you have oxygen to your brain, you are ready to do some serious thinking! Let's do MATH! YEH!! Depending on your age/grade, you should have math work sheets or books to pull out and work on. Math is fun and always an important skill to keep sharp. You may already have school work to do from your math teacher, OR your parent or caregiver can go online and find all kinds of math activities for you to do at your grade level. Everyday you will want to do math. It's fun to stay challenged with your skills. Addition, Subtraction, Multiplication, and Division; but also fractions. Can assist the younger children in your family with their math? Can you create 4 math problems? Write down 4 math problems now and see who can solve them. Did you give enough information? Can your parent solve your problem?

Math Problem Example: Four people in a family eat at McDonald's and the bill is \$4.49 for two Happy Meals, Dad's Big Mac is \$5.99 and the salad for mom was \$4.79, plus her iced coffee was \$1.99. Not counting the tax; how much was the bill? If you know how to do percentages, do the tax at 8.5%. Can your parents figure out if you have it correct? (Total times .085; then add whatever that figure is to the total!) Wow, even eating at McDonald's is pricey these days for a family of four!!

What if this same meal had been at walk-in restaurant with a waitress who deserves a tip? Now you not only have tax to add to the total, but you need to add a tip! Have someone help you figure that out and the total!

Can you come up with a Math Story Problem about kids and pizza and sodas? Yikes, what if it involved your whole class at school? How many kids would that be? You might need to know multiplication for that math problem!

Mid-day Activity: (Use the Craft Box.) Remember that Collage you started yesterday? If it is not finished, let's work on it today. GREAT Art was never completed in one setting, so don't ever feel rushed when doing an art project. If you need time – take it. We can come back to your project the following day, or days. Let's save it and work on it later.

OR:

Create a **PICTURE POSTER** of YOUR ACTIVITIES! When you take pictures of yourself having fun at home, doing projects or activities or working with others; place the picture on this poster.

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OR create a **booklet** that you create from a spiral notebook with your pictures and a storyline of all that you are doing. This can be a **Journal** with pictures!

WARNING – if you use tape to put pictures on your poster or into your notebook/booklet – NEVER, NEVER let the tape show! Instead, roll the tape so that sticky side is out and place tape under the picture and then put the picture on your poster or into your notebook. It looks more professional that way. Having tape across the edges of a picture looks careless and sloppy. You don't want that in your work!! You can also glue the pictures on the pages or on the poster for a more permanent attachment.

Meal Time: Is it time to eat again?!! How about soup that you pour into bowls & heat up in the microwave; what about tortilla with cheese heated in the microwave? Don't forget fruit: sections of apples or oranges. You might want to make a fun jello salad to eat later with blue berries and strawberries! Dessert can be graham crackers with peanut butter & honey! Yum! Or just jam. For fun with those graham crackers after lunch, decorate the crackers after you spread on the peanut butter / or jam by creating faces or designs on your square using raisins, small marshmallows, Cheerios, cut slices of red licorice, etc. Take a picture of your creation!

Remember to clean up after yourself when mealtime is over. NEVER leave a mess in the kitchen when you are finished with the meal!

Literary Activity: Time to make your own Journal! These are interesting times and you want to capture what you and your family are doing. It will be very interesting to read your journal years from now. Imagine what kids 30-40 years from now will think about what you had to do that was quite different from usual. Let's capture all that NOW!

To make your journal – you will need a spiral notebook of your very own. Decorate the outside of the notebook with a collage or drawing of your choice. BUT let everyone in the family understand that NO ONE MAY READ anyone's journal UNLESS the OWNER of the JOURNAL invites that person to read!! We all have to agree that our journals are private and we aren't going to spy on each other. We need to be able to trust all members of our family. But also, it's nice to share your journal entries with each other once in a while – “Hey, Blake, listen to what I wrote here about how hard it was for Mom to buy toilet paper today at Costco! I think I wrote a funny story about this.”

Now take 30 minutes or more to write in your journal about what is going on your family, with your friends, around the neighborhood, how you feel about not going to school right now, about this crazy thing they call Coronavirus, your favorite tv program, the funny thing your friend did the other day, the funny thing your brother/sister did while brushing his/her teeth,

Getting Outside: It's really important to spend time EVERYDAY outside. If you have a dog, s/he needs to be walked a couple of times a day, so that's a great thing for both of you. If not, you might want to put flyers around the neighborhood, if you are willing to walk other people's dogs and see if there is anyone who needs their dog walked. Of course, you know, that means cleaning up the poop, too! You'll have to carry a doggy bag for THAT and dispose of the bag once you return home – and then WASH your HANDS!!



But if no dogs to get you walking, what about a friend, brother or sister who will play **kickball**.

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Go online and learn the REAL rules to Kickball! Then play it in the backyard, the driveway or wherever Mom & Dad say will be safe.

What about a **hacky sack**?

This is a great little item to learn dexterity!



Jump Rope – Get yourself a jump rope and see what activities you can do with a jump rope. If you are only one person, then challenge yourself to jump 50 times in a row without a miss! Then go for 100! Do some tricks! Criss-cross the rope as you jump! Wow, that was fun! Can you do that when Mom or Dad are watching?

Jump rope with others. Swing the rope as someone else jumps in. Say jump rope rhymes – there are many online to look up!

Like this one: <https://www.verywellfamily.com/old-fashioned-jump-rope-rhymes-1696145>

Create an Obstacle Course with Rope(s) - Use ropes to lay out on the ground and jump over like an obstacle course. Rearrange it to fit the age of each child!

Before Dinner Activity: Creating Meal Blessing Cards - This activity can be done anytime during the day. We would like to have a variety of blessings at the table when we are ready to give thanks for each of our meals. Ask your parent to provide 3"x5" cards and sit at a table while you think of 2 or 3-sentence Blessings. Write each of these on one of the cards and place the cards into an envelope that says "Blessings" on it. Keep the Blessings Envelope at or near the table so you can easily reach it before each meal. Then ask someone different to read a blessing before each meal – or everyone can sing the blessing together!

Blessing: Heavenly Father, be with us as we share this meal. Thank you for all that we are about to eat and for the rain for our plants. In Jesus' name we pray, amen.

Setting the table for Dinner: Remember how you set the table correctly for dinner last night? We need to do it properly each day. Where does the fork go, the knife, the spoon, the napkin? YouTube.com has some great examples for setting a good table, if you want a

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reminder. It's also nice to have a nice center piece. What do you have in the house that will make a lovely center piece? Tomorrow we will make something.

You are doing an awesome JOB! The family is sooo happy to have your help!!

Visiting Balboa Park: Of course, during regular times – when there is no Coronavirus – Balboa Park is a GREAT place to visit! And they have FREE museums to San Diego County residents every Tuesday. <https://www.balboapark.org/residents-free>


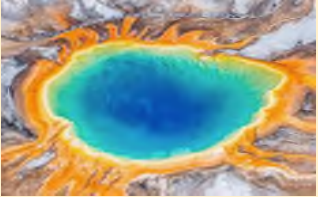

You need to know about this, if you don't already, so that when things are normal again, you can get started visiting.

But for now, we can visit virtually! Here is information about Balboa Park's museums and other fun places to visit – virtually!

Over 30 Virtual Field Trips with Links

(I hope these links work.)

(Click on colored text for links. Safe Travels!)

<h3>San Diego Zoo</h3>		<p>The San Diego Zoo has a website just for kids with amazing videos, activities, and games. Enjoy the tour!</p>
<h3>Yellowstone National Park Virtual Field Trip</h3>		<p>Mud Volcano, Mammoth Hot Springs, and so much more. Tour Yellowstone National Park!</p>
<h3>MARS!!!</h3>		<p>Explore the surface of Mars on the Curiosity Rover. They are updating from WEBVR to WEBXR now, but 360 Mode offers a digital view!</p>

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Animal Cameras



[Live Cams at the San Diego Zoo](#)
[Monterey Bay Aquarium live cams](#)
[Panda Cam at Zoo Atlanta](#)
[6 Animal Cams at Houston Zoo](#)
[Georgia Aquarium](#) has [Jellyfish](#), [Beluga Whales](#), and [more](#)

Virtual Farm Tour



This Canadian site [FarmFood 360](#) offers [11 Virtual Tours](#) of farms from minks, pigs, and cows, to apples and eggs.

U.S. Space and Rocket Museum in Huntsville, AL



See the [Saturn 5 Rocket](#) on [YouTube](#) and more on this tour thanks to a real father/son outing.

Discovery Education Virtual Field Trips



A few of the field trip topics include [Polar Bears and the Tundra](#)
[Social Emotional Skills](#)
[STEM manufacturing](#)

The Louvre



Travel to Paris, France to see amazing works of art at [The Louvre](#) with this virtual field trip.

The Great Wall of China



This [Virtual Tour](#) of the [Great Wall of China](#) is beautiful and makes history come to life.

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Boston Children's
Museum



Walk through the [Boston Children's Museum](#) thanks to Google Maps! [This](#) virtual tour allows kids to explore 3 floors of fun.

https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/mobilebasic?usp=gmail

New York City Museums:

The Metropolitan Museum 360 Project – don't miss this one!

<https://www.metmuseum.org/art/online-features/met-360-project>

The Met: <https://www.metmuseum.org/>

The Frick Museum in New York City: https://www.frick.org/visit/virtual_tour/living_hall

Guggenheim Museum, NYC, Here's what's happening - <https://www.guggenheim.org/video/see-countryside-the-future-at-the-guggenheim>

Tenement Museum in Lower East Side of NYC <https://www.tenement.org/>

DON'T miss this very important museum visit!! You'll learn about people who came to America from other countries – mostly on boats from Europe Maybe your ancestors came to America this way. But if not, find out how your family came to America and write about it in your Journal!!

Virtual Museum Visits – BUT Find your favorite painting and DRAW a picture of it!!

<https://www.simplemost.com/museums-visit-online-virtual-tours/>

*What else is in a museum that is NOT a painting? Draw a picture of something in a museum that is NOT a painting!!

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On your paper tell who the artist is who created this object.

Write on the back of the paper WHY you like it.

*Find a piece of art that you DON'T like. Draw a picture and tell why you DON'T like it!

*Is there a type of art that you like best – painting, sculpture, architecture, decorative art (or clothing?), performance art?

What about oils, watercolors, pastels, pen & ink, pencils, crayon?

You be the artist and create your own piece of art after you see something you like – copy the one you like.

Journal Entry – Imagine if you worked in a museum!! What FUN!! Where in the museum would you work? What education do need to have the job that you are interested in having? Research the job description and then write about it in your journal.

Curator – Probably the boss of a section of the museum, like the art, zoology and history. Or boss of the Whole museum! They are in charge of setting up the exhibits and finding all the items that go into the exhibits. Fun!!

Exhibit Designer – It might depend on the size of the museum, but if the museum is large enough, the Curator will have help creating each exhibit.

Museum Volunteer or Intern – While in high school or college a young person can often volunteer at a museum to help out where needed at a museum and learn many aspects of museum life. This is helpful on your resume.

Archivist – is like a librarian who keeps records of the museum collection that is easy for the museum staff, educators and the public to access. Most museums use a digital format to keep these records and they can be accessed online.

Docent – a volunteer who walks visitors through a museum, explaining artwork, displays, and so on so that the general public will have a good understanding of the collection. The docent has studied much about the collection and is ready to answer all questions.

Guard – a person who watches the art and artifacts in the museum to be sure they are safe. Guards also help visitors with information about the museum. They are very helpful.

In the past when you visited museums do you remember seeing any of these people on their job?

DAY #3 –

Bible Verse for today: Paul wrote to the Romans (Romans 5:1-8) Therefore, since we have been justified by faith, we have peace with God, through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. Not only that, but we rejoice in our



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sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us. For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person—though perhaps for a good person one would dare even to die—but God shows his love for us in that while we were still sinners, Christ died for us.

Painting: *Saint Paul*, by Bartolomeo Montagna, 1482.

Journal Entry – Write about Paul's life during Roman times. What is Paul's background? Where did Paul travel? Did Paul ever meet Jesus?

Rise & Shine in the Morning Activity: After you jump out of bed, or slide out of bed, or slowly roll out of bed; however you get up; let's do some stretching exercises AND **sing "Rise and Shine and Give God the Glory"** while you stretch!

Here's a fun site where I found a great rendition of this song that will get your blood circulating, but you might find another one!

<https://www.bing.com/videos/search?q=song+rise+and+shine+and+give+god+the+glory&cid=e4dcc2becafa41f3ab926c0c7b0fe861&PC=U531&ru=%2fsearch%3fg%3dsong%2brise%2band%2bshine%2band%2bgive%2bgod%2bthe%2bglory%26cid%3de4dcc2becafa41f3ab926c0c7b0fe861%26FORM%3dANAB01%26PC%3dU531&view=detail&mmscn=vwrc&mid=3DE6E5920FCA86673E763DE6E5920FCA86673E76&FORM=WRVORC>

Morning Exercises: Just raise your hands up and down, kick your legs out to the music; jump up and down; older people in your family can sit in their chairs and swing their feet out and swing their hands, too. It will make you feel so good each morning. Get dressed to your fun music. The whole family can sing the Rise & Shine Song!!

What other songs do you know that are PERKY that you can sing while you are dressing in the morning, or while you are exercising?

Organization Activity: After breakfast let's GET ORGANIZED!! Today we are going to clean out at least ONE drawer in your dresser! This is a good chance to go through all your clothes in that drawer (socks, under things, shirts, etc,) and see what you don't wear any longer and can now give to someone else. Have boxes or bags in your room labeled "Toss," "Give Away," and the items you are keeping pile neatly on your bed so that those items can go back into your drawer once it is cleared out. Once the drawer is empty and you have decided what you no longer need/want, replace ONLY what you will now wear.

How great that you have items to GIVE AWAY! Put the Give Away bag in the garage or near the front door, so that Mom or Dad can take it to the second-hand store or church so that someone else will be able to get some use out of those items (or maybe your younger brother or sister wants it???).

You did a good job on that drawer – are you ready to start on the next drawer? Or save it for tomorrow? Let's do a drawer each day this week!

Outdoor Activity: Time to get outside and breathe in some fresh air!! Kick that kickball or hacky sack. Walk the dog or the neighbor's dog, or just see how fast you can walk to the corner and back again!! OR just walk along the block and record on a chart how many minutes you

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walk each day. Monday -7 minutes; Tuesday 12 minutes; Wednesday 14 minutes; and so on. Let's see if you can work yourself up to 30 minutes a day! That would be super for Grandma, too!!

Writing in your Journal: These are different times that you will want to record in your Journal! Keep several pages of words that describe the times and give a definition for the word or phrase you write down. The more you understand, the less scary things are! Be sure that your journal has a DATE on it.

Words and Phrases for My Journal:

Coronavirus	Flu	Shelter in place
Infection	prediction	Containment
Contagious	mitigation	Social distance

You may be able to add many more words and phrases to your pages over the next few weeks or more. Listen carefully to strange words, write them down and write the definition. Much of this is confusing to adults as much as to children. But the more we learn, the better. And more fun is when we keep a history and read about it all in later years and say to ourselves, "My goodness, I actually lived through those crazy times. But here I am, just doing fine!"

Also in My Journal: Let's have a **FUN section** in your journal – jokes, funny stories that are happening daily, a poem (the ones you write or copy from a book or the internet), write a one-paragraph story!

Fun short jokes from internet:

The first computer dates back to Adam and Eve. It was an Apple with limited memory, just one byte. And then everything crashed.

Moses had the first tablet that could connect to the cloud.

Let's Play a Game: What board games do you enjoy? Monopoly, Scrabble, Checkers, Trouble, Backgammon, Chess, or maybe card games? What do you find in your game closet at your home? Time to teach the younger children at your home how to play these games. It's a great way for the older children to learn patience and the younger ones to learn numbers, rules, and strategy. Games are FUN, Fun, fun! Hours of fun! It's a great thing for the whole family after dinner. Turn off all electronics and try it!!

Mental Agility! Let's memorize a poem, a Bible verse, a part of a famous speech, a part of a play, anything that is meaningful to you, or even some of those jokes in your journal. Memory is important to being a good learner, so the more you do the better learner you become!

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Here's an article by Dr. William Klemm that your parent might find interesting to explain this:

<https://www.psychologytoday.com/us/blog/memory-medic/201305/memorization-is-not-dirty-word-2>