



The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942 www.st-lukes-la-mesa.org

July 2009
Volume 9 Issue 7
Monthly Newsletter

We invite you to join St. Luke's Lutheran Church.

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor: 619-463-6633 or office-sllc@att.net

Office hours are:
Monday - Friday, 8:00 a.m. - 5:00 p.m.

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Email Us Your Email Address

*Please note our new email address!

St. Luke's hopes to increase its methods of communication. Email is a fast and cost effective way to communicate. Please send the church office your email address (office-sllc@att.net) and please indicate how often you check your email. We will not distribute your address beyond the church office and any blanket emails to the congregation will not list individual addresses.

You can always go to St. Luke's web site to see what's happening... here is our new web page address....

www.st-lukes-la-mesa.org

Making a Splash in Rome?

Baptism is a wonderful event. We are baptized as Christians because Jesus commanded his followers to go into all the world to make disciples of all nations baptizing them in the name of the Father and the Son and the Holy Spirit (Matthew 28:19).

What a delight it is to go into all the world to make disciples (pupils) of Jesus. This is not an optional part of our faith. It is a central command and duty. It comes part and parcel with our own baptism.

Making disciples requires teachers. Being a teacher requires having something to teach and being willing to teach it. In baptism we have been given the promises of God's forgiveness of sin as won for us through Christ's death and resurrection. God desires to bring us from the "wages of sin," namely death, to the riches of eternal life. Baptism is where this begins to happen.

From our own sense of baptism, we should then be encouraged, if not impelled, to learn as much as we can about our faith, about scripture, and about the possibilities in which we can actively take part in preparing ourselves to share and teach this faith.

In an ideal world, that would be how things should work. Unfortunately, our old sinful selves are not entirely eradicated in baptism. According to Lutheran teaching, we remain at the same time both "saints and sinners" or, as the Reformers would say, *simul iustus et peccator*.

This dual element of being Christian means that a strong and destructive part of us does not want to die to sin, does not want to learn from God, and does not want to advance the gospel of Jesus Christ. The "old Adam" in us wants to set him or her-self against God and do everything possible to make our sinful-self look "right" in the sight of the world.

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Such self-righteous, no matter how effective in fooling ourselves and others, does not and cannot win us righteousness before God. In fact, it only leads us further and further away from our true source of righteousness, namely the righteousness which God gives to us for Christ's sake.

St. Paul in his letter to the Romans talks at length about sin and righteousness, about justification by faith apart from works of the law, and about the power of baptism in the life of sinners. This year at St. Luke's, our vacation Bible school (VBS) is travelling to Rome via Paul's letter to the Romans. We as sinful disciples have much to learn, and we as forgiven disciples have much to teach.

Together let us remember our baptism as our calling and commission to communicate the pure teaching of Christ's gospel to all the world. Then, together let us embark on this year's VBS with excitement and commitment to share the word of God in Christ, which reminds us that "nothing in all creation will be able to separate us from the love of God in Christ Jesus our Lord" (Romans 8:39).

Cheers for the Choir

We wish to thank Sue Caldwell and all the members of the choir for their dedication in leading our worship services throughout the year. In addition to regular Sunday anthems, the choir has treated us again this year to two cantatas. As the choir prepares to take a little time off at the end of the month and into August, please take the opportunity to thank Sue or the choir members for their efforts. Also, if you are thinking of joining the choir in the autumn, please let Sue know.

Many Thanks to Pastor Oltman

We wish to thank Pastor Brian Oltman for providing pulpit supply for Pastor Mark on 21 June. Pastor Oltman's main occupation is counselling and psychotherapy at New Dimensions Counselling and Consulting Services in San Diego.

Pastor Oltman also works in the adult outpatient programme at Sharp Mesa Vista Psychiatric Hospital. In addition to being licensed in marriage and family therapy, Pastor Oltman offers Client Centered, Humanistic-Existential, Cognitive-Behavioral, Psycho-dynamic, Narrative, and Solutions Focused approaches in therapy to people of all ages. Pastor Oltman's time and efforts at St. Luke's are greatly appreciated.

Confirmation Gratitude

We wish to thank all those involved with making confirmation for Billy Miles and for Emily Rose Menacher such a wonderful day. We especially thank Pat and Lyle Swanson for preparing such a nice reception, for obtaining the leis, and for taking care of all the fine details. Billy and Emily Rose are going to be very surprised to learn that they are scheduled to preach in August.

***Please note that St. Luke's zip code changes from 91941 to 91942 on July 1, 2009.**

July 13 – 17: VBS. Paul and the Underground Church

Excitement's mounting as preparations begin. Donated canopies will provide plenty of shade for the marketplace and craft area. Creative minds are already at work on Roman columns as well as catacombs for the underground church. Costume design is in progress (Rich in a "skirt"???) and fabrics donated. Meals are being planned. Family Heads (i.e. teachers) are coming forward. The preparation's half the fun. Don't miss your chance to get involved! Most of all, make sure your grandkids come for the week as well as any 'stray' kids and adults you can round up to come with you.

This is going to be a lot of fun. Tell everyone you know!!

**HEIFER INTERNATIONAL.....
THE GIFT THAT GROWS!!**

MORE ON LUCY!

Due to the incredible generosity of St. Luke's members and the support of Pastor Mark and our congregation's president, Rich Floegel, as of "press time" \$1,350 has been contributed toward buying LUCYs. Your Outreach Committee appreciates that everyone entered into the fun and significance of this "WHO IS LUCY" event!

HEIFER has informed us that there is an incredible matching gift opportunity in China. Last year, China was devastated by a catastrophic 8.0 earthquake. Rural families were particularly affected. More than 3,200 livestock were killed in HEIFER'S 33 project villages in Sichuan, including Chengdu. In Nanbu, houses and barns of 73 project recipients were severely damaged. And in Dayi County, 29 project families were severely affected. Initial relief efforts have already helped many of these families recover. However, it is estimated that 43 million head of livestock died in the earthquake, and so now sustainable, long-term solutions are needed. The farmers in these areas depend on their land and animals for survival. Without replacement livestock, they face a grim future.

There are presently, and for a brief time, matching funds available; all will go to this area of China in order to replace livestock killed. How terrific that our \$1,350 will be \$2,700. HEIFER'S plan calls for a combination of livestock and training for 4,000 families in 20 earthquake-affected rural communities. Families will receive animals most appropriate to their specific needs, including chickens or ducks, geese, rabbits, goats or pigs, cows, honeybees and silkworms. Of course later on more than 8,000 families will benefit from passing on the gift!!

SO THANKS TO ONE AND ALL FOR MAKING THIS CONTRIBUTION POSSIBLE!!

FYI.....TRUE FACTS: A study found that dairy cows with names produced 3.4 percent more milk than nameless cows. Perhaps we should let some of the Chinese farmers know they have LUCYs in their midst!!

WELCA

WELCA Ladies continue to be busy this early summer. The Project Day Ladies provided the Teen Pregnancy Center with three new complete layettes in June. Ladies, if you are not already doing so, please start gathering your items for the all Church Baby Shower which will take place in August (date to be determined). Please look for good bargains on Onesies, baby towels, baby sweaters and baby caps. We will put all the items together for layettes for the Teen Pregnancy Center and also send some off to Lutheran World Relief. Sadly, gently used items are no longer accepted by the TPC, but some very nice gently used items can be sent on to Lutheran World Relief.

In July, Pastor Mark Menacher will lead our joint Bible Study. Both Rebeckah and Deborah Circles will participate. If you are not able to attend Circle during most of the year, please know that you are heartily invited to attend this once-a-year event where all the ladies of St. Lukes gather for a special time of prayer and study with our own Pastor Mark. Do not miss this event! We will meet in the Lower Level on July 7 at 10:00 am for fellowship and refreshments.

WELCA ladies enjoyed being part of the wonderful celebration for Marge Saler on June 21st. The Floegels and Swansons were pivotal in planning this wonderful send off for Marge who will be moving to north county. We will miss her solid presence, wonderful prayers and inspirational leadership. God Bless you in your new chapter, of LIFE, Marge.

Thanks to the generosity of many people who attended the Mothers and Others Luncheon, our WELCA treasurer, Marilyn Burns was able to send a check for \$ 1125.00 to the SolarCookerProject. Let us pray that each of these cookers arrives with our prayers intact. Please pray for the ladies and young girls who put these cookers to use and pray that God will protect them as they work to provide food for their families.

Don't forget Vacation Bible School July 13th to 17th. Please note the list from your Bulletin regarding what can be donated to help Bible School be a success.

Don't forget Project Day every 2nd and 4th Tuesday from 9:30 to 11:30. All are invited.

Answers to the Mothers and Others Luncheon Quiz.

Which two great friends cut thousands of grapes in half for the luncheon salad? *Phyllis Fowler and Liane Denton.*

Which great nonagenarian filled all the sugar bowls with sugar cubes? *Marge Henkel*

Which gracious lady, former WELCA president, cut all the melons? *Bev Holland*

Which former congregational president was there so early on Saturday that she surprised Margi in the kitchen? *Marge Hersom*

Whose son was a server? *Phyllis Fowler*

Which two lovely WELCA ladies quietly did all the dishes and made the kitchen sparkle? *Hazel Knippelmeyer and Maureen Borchardt*

No one won the prize, but we all won because of the wonderful effort of all these ladies and the many others who helped quietly behind the scenes. Thank you ladies.



My dear St. Luke's family,

How can I adequately express my thanks for the beautiful "send off" you gave me last Sunday!

Rich's kind words as he presented me with the lovely Bible—inscribed by so many friends! I am enjoying using it daily.

Then, the reception! So lovingly prepared and presented so beautifully. I was overwhelmed by the gracious and loving comments and hugs from so many.

Thank you thank you

You all will be in my prayers. And, like General Mac Arthur, "I will return" periodically to visit.

Much love and prayers,

Marge Saler

PARISH POTPOURRI

There's more exciting news relative to our own TORI HAUK'S musical career. She is flying to London on July 12 to spend one week studying with SUSAN MILAN, former principal flutist with the London Philharmonic. After TORI'S return she will be attending the National Flute Convention in New York, prior to resuming her studies as a junior at the Univ. of Arizona in Tucson.....DAVID CALDWELL is journeying to India and China to review industrial businesses there.....CHUCK and MARGE HERSOM recently attended the wedding of their granddaughter, ERIKA JOHNSTON, who married DAVID DANELL in Camarillo. Just ask MARGE about all the fancy cookies she made for the occasion.

MORE ST. LUKE'S FAMILY 2009 GRADUATES (representing various levels of education)

DAVID CALDWELL, son of ROGER and SUE CALDWELL, from Cal Poly SU, San Luis Obispo, with an MS in Aerospace Engineering and an MBA in Business Administration

JONATHAN JONAS, son of GAIL FITZPATRICK, from West Hills High in Santee. Jonathan will be attending Cuyamaca College; his special interests are English and music theory

CHRISTOPHER WARD, grandson of JOE and THELMA PACE, from Grossmont High in La Mesa. Christopher will be attending Cuyamaca College, pursuing his interest in auto mechanics

TREASURER NOTES

St. Luke's Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East
Treasurer

FELLOWSHIP

- **Summer Talent Show** is coming up sooner than you think! Get yourself in gear and pull out that old instrument or record and brush up on whatever it is you can do. We are looking for any St. Lukian's who are willing to show off a little talent.....
- We all have some talent. Don't deny it!
- Do you sing, dance, play an instrument, recite poetry, read a short (and we mean short) story dramatically, tell jokes?
- Let us know by signing up in the Lower Level on the sandwich board. **Get creative!**

LIBRARY

Davey & Goliath at SLLC Library!

Don't miss a chance to see the newly restored and enhanced DVDs (and a few VHS tapes) available in our Library. Those over 55 may remember watching these clay mation figures on the TV before church on Sunday mornings, sponsored by the Lutheran Church. I did! Each story has its own moral message. You will find stories like "Learning About Caring for Others," "Learning About Forgiveness," "Helping Each Other," "The Family of God," and a 2-disc Collector's Edition. Don't miss "Lost in a Cave," "The Silver Mine," or "The Kite." Be the first in your pew to see each one! Sunday School teachers may also want to use these.

The **SLLC Library is open each Sunday** after church or you may drop by when the office is open to check out materials. We have plenty of children's and adult literature -- not to mention reference material for your Bible studies.

See you there!

Karen Skullerud, Hazel Knippelmeyer, Darcy Barghols.

OUR ON-GOING OUTREACH

THE “LUCY” PROJECT

(INFORMATION ABOUT THIS OUTREACH EVENT CAN BE FOUND UNDER THE HEIFER INTERNATIONAL HEADING IN THIS ISSUE OF THE BUILDER.)

THIS YEAR’S ALTERNATIVE FAIRE

It’s happening again in November!! Your Outreach Committee is again sponsoring an Alternative Faire. The date is Sunday, November 8, after worship services.....in the Lower Level, of course. It may seem as though we are talking about “Christmas in July,” but these nonprofit organizations are in great demand and we want to be sure to include those same organizations that were represented last year:

FLORESTA
HEIFER INTERNATIONAL
GUATEMALA MISSION PROJECT
MARTHA STAUDERMAN
TOMORROW PROJECT
JEWELRY

Mark the date on your calendars now!

ANY EXTRA FRESH FRUIT ON YOUR TREES?

If you do have some to give away, the TACO kitchen may be able to use it. Please call the church office.....someone from the Outreach Committee will be glad to pick it up!

LUTHERAN BORDERS CONCERNS AND THEIR NEEDS

RICE, RICE RICE.....Manny Cruz indicates a real need for rice; your Outreach Committee is asking you to bring rice particularly during July. The Red Flyer wagon will be in the narthex, waiting for your donation.

OUR NEWEST MEMBERS

We wish to welcome Mary Ann Boullain, Joe Makowski and Patrick Carrigan, our newest members, to St. Luke’s.

We will be featuring at least one of the new members for the next couple of months in the Parish Builder.

This month we would like to introduce you to Patrick Carrigan.

Patrick Carrigan was born in Oakland California on August 10, 1960. He has lived in Northern California most of his life except two years in Mississippi as a youth. He spent 30 years in the grocery business and managed supermarkets and wholesale distribution companies. He relocated to La Mesa in 2008 and is currently the owner and operator of a home and landscape maintenance company.

Patrick has two children, a son, Beau, who is 27 and lives with his wife in Portland, Oregon, and a daughter, Ashley, who lives in San Jose, California. He has a lovely two a half year old granddaughter named Jamielyn.

His hobbies include gardening and woodworking. He has a very cool dog, a Sheltie and Australian sheepdog mix. He is a fan of NASCAR and muscle cars. He enjoys a variety of music, enjoys singing, and enjoys turning Sue down to join the choir.

He has been friends with Jennifer Killion for thirty years and thinks that she is wonderful. Pat was too busy baking chocolate chip cookies to write more. So, please talk to him in person to become more acquainted with him.

To those of you who take pictures at church functions:

The Church office would love to have some pictures to put into the Parish Builder and on the rolling bulletin board in the Lower Level!

Suggestions:

- ◆ Baptisms
- ◆ New members
- ◆ Birthdays
- ◆ Mothers & Others Luncheon
- ◆ Men and Boys Luncheon
- ◆ Farewells to people moving away
- ◆ Facility crew
- ◆ Pastor
- ◆ VBS
- ◆ Sunday school
- ◆ Choir
- ◆ WNL
- ◆ Tai'Chi
- ◆ Men's Bible Study
- ◆ Council
- ◆ Project day
- ◆ Circles
- ◆ Confirmations
- ◆ And others functions that you think others will be interested in seeing pictures of.

JULY WORSHIP TEXT

5th

Time after Pentecost

First Lesson—Ezekiel 2: 1-5

Second Lesson—2 Corinthians 12: 2-10

Gospel—Mark 6: 1-13

12th

Time after Pentecost

First Lesson—Amos 7: 1-15

Second Lesson—Ephesians 1: 3-14

Gospel—Mark 6: 14-29

19th

Time after Pentecost

First Lesson—Jeremiah 23: 1-6

Second Lesson—Ephesians 2: 11-22

Gospel—Mark 6: 30-34, 53-56

26th

Time after Pentecost

First Lesson—2 Kings 4: 42-44

Second Lesson—Ephesians 3: 14-21

Gospel—John 6: 1-21



Donna Bohnsack Memorial

Glen Bohnsack

George Moore

Shirley Des Lauriers Memorial

George Moore

LaVerne Nelson Memorial

George Moore

Rick Carlson Memorial

Joe and Thelma Pace

George Moore

Maxine Trieglaff Memorial

Glen Bohnsack



Happy Birthday

Martha Applegate
Phyllis Fowler
Sarah Scott

Judi Dunnigan
Geniene Logsdon

DID YOU KNOW!

Our monthly newsletter is printed free because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you need plumbing services

PLEASE CALL and THANK. ...

HERSOM PLUMBING

Make sure you tell them you heard about them from our newsletter!

PARISH BUILDER ARTICLES

For August 2009

Due in the office

July 16th

JULY PRAYER CALENDAR		
1	Romans 15: 5-7	
2	Psalms 92: 1-4	<i>O Lord, hear me as I pray;</i>
3	Psalms 33: 20-22	<i>Pay attention to my groaning.</i>
4	Proverbs 3: 5-6	
5	Romans 12: 12-13	<i>Listen to my cry for help, my</i>
6	2 Corinthians 1: 3-4	King and my God, for I will
7	Isaiah 55: 10-11	<i>never pray to anyone but you.</i>
8	Psalm 32: 10-11	
9	3 John : 2	<i>Listen to my voice in the</i>
10	Psalm 33: 4-5	<i>morning, Lord.</i>
11	2 Thessalonians 3: 11-13	<i>Each morning I bring my</i>
12	Daniel 3: 17-18	<i>requests to you and wait</i>
13	Ephesians 4: 1-3	<i>expectantly.</i>
14	Psalm 105: 1-6	
15	Matthew 11: 25-30	Ps. 5: 1-3 NLT
16	1 Corinthians 15: 58	
17	2 Corinthians 13: 11-14	
18	Psalm 139: 23-24	
19	Psalm 34: 1-3	
20	Lamentations 3: 22-24	
21	Psalm 36: 5-9	
22	Psalm 96: 1-6	
23	Hebrews 7: 23-25	
24	Romans 15: 1-7	
25	Philippians 2: 12-13	
26	2 Timothy 3: 16-17	
27	1 Thessalonians 5: 12-18	
28	Psalm 145: 8-13	
29	Colossians 3: 16-17	
30	Psalm 100: 1-5	
31	Numbers 6: 22-27	

JULY WORSHIP TEAMS	
July Reader July Altar Guild	<i>Garret Steppat Bev Holland</i>
5th Communion Assistant Bread	<i>Lyle Swanson</i>
Prayers of the People	<i>Pastor Mark</i>
Projectionist	<i>Hazel Knippelmeyer</i>
Communion Assistants Wine	<i>Liz Dunnigan & Darcy Barghols</i>
Greeters	<i>Loraine Winger, Bonnie Fuller</i>
Usher Team	<i>Chuck Hersom</i>
12th Communion Assistant Bread	<i>Judi Dunnigan</i>
Prayers of the People	<i>Marge Hersom</i>
Projectionist	<i>Roger Caldwell</i>
Communion Assistants Wine	<i>Vic & Marge Bitter</i>
Greeters	<i>Bob Becker , Chuck Volker</i>
Usher Team	<i>Randy Engel</i>
19th Communion Assistant Bread	<i>Shirley Carrington</i>
Prayers of the People	<i>Bob Fuller</i>
Projectionist	<i>Gail Knippelmeyer</i>
Communion Assistants Wine	<i>Loraine Winger, Marilyn Burns</i>
Greeters	<i>Bruce Fowler, Bob & Marilyn Burns</i>
Usher Team	<i>George Hauk</i>
26th Communion Assistant Bread	<i>Pat Swanson</i>
Prayers of the People	<i>Hazel Knippelmeyer</i>
Projectionist	<i>Shirley Carrington</i>
Communion Assistant Wine	<i>Dawn Dolan & Marge Hersom</i>
Greeters	<i>Darcy Barghols, Jim & Dawn Dolan and Gene & Hazel Knippelmeyer</i>
Usher Team	<i>Shirley Carrington</i>

JULY 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:30-9 p.m. Youth 7:15 p.m. Choir practice	2 8:00 a.m. Tai C'hi	3	4 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
5 9:00 a.m. Worship Service	6 9:00 a.m. Counters 6:00 a.m. Finance 6:30 p.m. Executive Council 7:00 p.m. Council	7 8:00 a.m. Tai C'hi 9 a.m. Facilities meeting 10:00 Joint Circle Bible WELCA 6:00 p.m. Worship Arts 7:00 p.m. Parish Ed	8 5:30 p.m. Choir dinner 6:30-9 p.m. Youth	9 8:00 a.m. Tai C'hi	10	11 7:00 a.m. Men's Bible Study 10:00 a.m. VBS set-up 9-10 a.m. Altar Guild
12 9:00 a.m. Worship Service	13 9:00 a.m. Counters 5:30 p.m. VBS	14 8:00 a.m. Tai C'hi 9 a.m. Facilities crew No Project day today 5:30 p.m. VBS	15 5:30 p.m. VBS	16 8:00 a.m. Tai C'hi 5:30 p.m. VBS	17	18 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
19 9:00 a.m. Worship Service	20 9:00 a.m. Counters	21 8:00 a.m. Tai C'hi 9:00 a.m. Facilities crew	22 6:30-9 p.m. Youth	23 8:00 a.m. Tai C'hi	24	25 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
26 9:00 a.m. Worship Service	27 9:00 a.m. Counters	28 9:30 a.m. Project day	29	30	31	

ST. LUKE'S LUTHERAN CHURCH
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ADDRESS SERVICE REQUESTED

St. Luke's Mission and Vision:

We are called as a community of Christians saved by grace
—through faith alone in Jesus Christ—
to spread the Holy Gospel by word, sacrament, and action
solī deo gloria.

CELEBRATION OF WORSHIP

SUNDAYS—9:00 a.m.

Vacation Bible School
July 13-17, 2009 at 5:30 p.m.

Everyone is welcome!