



# The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942  
www.st-lukes-la-mesa.org

February 2010  
Volume 10 Issue 2  
Monthly Newsletter

## We invite you to join St. Luke's Lutheran Church.

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:  
619-463-6633 or [office-sllc@att.net](mailto:office-sllc@att.net)

Office hours are:  
Monday - Friday, 8:00 a.m. - 5:00 p.m.

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## Email Us Your Email Address

**\*Please note our new email address!**

St. Luke's hopes to increase its methods of communication. Email is a fast and cost effective way to communicate. Please send the church office your email address ([office-sllc@att.net](mailto:office-sllc@att.net)) and please indicate how often you check your email. We will not distribute your address beyond the church office and any blanket emails to the congregation will not list individual addresses.

## Go into All the World and What?

You must be joking, right? At the end of Matthew's gospel, Jesus says to his disciples, "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son, and of the Holy Spirit ... (Matt. 28:19). Now, just imagine if you were a few weeks on from Christ's death and resurrection, standing there in a small, ragtag group with Jesus hightailing it heavenward hearing these words from him. As a small consolation, Jesus also promises to be with you until the close of the age. Is that not encouraging? Make disciples of all nations?

So, with few resources, probably little education, no citizenship rights in the Roman empire, and being a religious minority, what would you do? Who are "all nations" and how does one travel to them? When arriving, how does one communicate with them? What does it mean to make a disciple (student) of a crucified and resurrected person? Finally, how are we supposed to explain the Father, Son, and Holy Spirit when the doctrine of the Trinity would not be formally formulated for centuries to come?

At the church council retreat on Saturday, 16 January, we talked about the difference between "making members" and "making disciples." Every group likes and often needs to "make members." Quite simply, without them, groups and organizations do not exist. Without members, we get lonely. Money is in short supply. The work does not get done. The church newsletter gets left unread (are you still there?). A search of the Bible, however, seems to offer no reference to Christ commanding people to "make members" of congregations (and the evangelism committee breathes a big sigh of relief).

*Continued from page 1*

Regardless of the day and age, however, Christ sends his disciples to “make disciples” in and of all nations wherever they may be found. That means that all of us are part of the evangelism committee.

We all have some part to play, but our individual roles might be quite different. We are all ordained through baptism into service of Christ’s gospel. We are called to communicate his gospel so that the nations through the work of the Holy Spirit will hear and believe.

So, how does one make a member? Often, one attracts someone to join an organization, gives them an orientation to the “club,” and welcomes them to participate in activities. That is how it works. Making disciples, however, is a little more involved. First, one is called by God to bear his message to others. One does this with his own words and one’s own life as a witness. If folks are then drawn to God, we are entrusted to nurture them likewise to be ready and able to bear witness to Jesus Christ. So, the process continues until the close of the age.

Thankfully, in all of this, Christ does promise to be with us until the close of the age. That means that he is always with us as we communicate his message and his love and his forgiveness to others. In fact, it is actually he and not we who are doing all this. So, let us let Jesus take hold of our message and ministries so that he will lead us to all nations near and far to make disciples through one gospel and one faith to become members chiefly of Christ’s one holy and apostolic body.

### **Adult Sunday School**

The adult Sunday School class will be studying the book of I Corinthians. If you are interested in joining the class, please plan to attend after services in the Fireside Room in the Lower Level. Pastor Mark will lead the study with important input from class members.

### **Library Person**

As we are aware, St. Luke’s has a fine library, and we have a number of folks who help to keep it organized and running smoothly as best as their time allows. Unfortunately, their time is limited, and St. Luke’s needs extra people to help. If you are interested in helping with the library, please contact the church office.

### **Many Thanks**

We wish to thank the church council and other members of the congregation for taking time on Saturday, 16 January, to begin planning this year’s ministries at St. Luke’s. The meeting was chaired by Rich Floegel, congregational president, and went very well. We wish to thank all members of the church who submitted suggestions for the coming year. Please be advised that pastor and the church council are always ready to hear further suggestions throughout the course of the year. So, if you have an idea that you want to share, please do so.

### **The Fellowship of Evangelical Lutheran Churches (FELC)**

As many are aware, St. Luke’s has joined the Fellowship of Evangelical Lutheran Churches. This is an exciting opportunity for the church. As the ELCA continues to disintegrate, Lutheran individuals and congregations will be looking for other church homes. St. Luke’s offers individuals such a home, and FELC offers congregations the same. Here are some quick facts:

1. FELC was founded in 2000, originally as the Fellowship of Confessing Lutheran Churches. Other groups, like Lutheran Congregations for Mission in Christ (LCMC) were greatly influenced by FELC.
2. FELC takes Jesus Christ, his gospel, and his mission as its point of reference. Thus, FELC was created for theological reasons solely for mission, and not to play church politics, either internally or externally. That makes FELC very different from most Lutheran groups in the USA.

3. FELC is composed of member churches and not just “congregations,” like other groups. In other words, each member church in FELC is wholly church while at the same time being part of the one church of Jesus Christ.
4. FELC has representative, democratic procedures for decision-making. Such decision-making is enshrined in a tight system of check and balances.
5. FELC has a system of oversight based on the visitation practices of the Lutheran Reformers. This means when FELC grows, member churches will form local councils of visitors to serve and help FELC member churches carry out their common service in the gospel. This promotes collaboration in mission and not competition in hierarchy or politics.
6. FELC has a Board of Trustees which oversees the “national” aspects of the fellowship. The Board does not govern member churches, and the board members do not have a vote at national gatherings. The board implements the decisions of the national assembly. Current board members are Rev. Dr. Gary Gilthvedt (Minnesota), Rev. Julie Smith (South Dakota), Rev. Dr. Harold Schlachtenhaufen (Arizona), Rev. Dr. Mark Menacher (California), and Ms. Geniene Logsdon (California).
7. According to its mission statement, FELC simply seeks to:

\*to witness to the love, power, and justice of God’s Word in law and gospel as revealed and personified in Jesus Christ,

\*to repudiate corruption of this Word by human tradition and devices,

\*to network for mission those churches whose confession is thus according to the Scriptures and the Lutheran Confessions,

\*to preserve and promote the Lutheran theological heritage and witness for the sake of the whole of Christianity on earth.

The FELC website is at: <http://www.f-e-l-c.org>  
Take a look and tell your friend and family. In the spirit of Christ, why not tell your “enemies” too!

## EGYPT

### Joseph’s Journey From Prison to Palace

**SPEND A WHILE ON THE NILE...** Imagine what it was like to live and work in a dusty, bustling, noisy city along the Nile in ancient Egypt. You would hear the hubbub about what was happening in Pharaoh’s palace. You might work with people who followed countless gods – and perhaps hear about someone who follows only one God. Perhaps you’d wonder about the new guy Pharaoh has put in charge of storing and distributing food. Some say this former prisoner has the gift of interpreting dreams.

On July 19<sup>th</sup> through the 23<sup>rd</sup> St. Luke’s will take a trip to Egypt. We will immerse ourselves in Bible-time culture, exploring what it might have been like to live in a culture that had never heard of the one true God. We will experience new traditions, taste new foods, try new arts and crafts projects, and discover that God never leaves us alone through life’s trials and triumphs.

We will meet Joseph’s and listen to a young man who faced heartbreaking trials, discouraging moments of hopelessness, joyous victories, and tear-filled celebrations. Through all of this Joseph never lost his steadfast faith in God.

We hope all of you will join us on this wonderful trip (young and old). Our ship sails on the 19<sup>th</sup> of July at 5:30 P.M. and will return at 8:00P.M.

**COME AND JOIN US...**

Parish Education

## PARISH POTPOURRI

A celebrity in our midst: DOUG BARGHOLS has been asked by a journalist from Forbes Magazine to be interviewed and to comment on "Retiring in Tough Times." Kudos for DOUG!!.....CATHIE FLOEGEL recently had a fabulous week-long cruise to the Caribbean with four of her New York cousins....."New" though familiar faces seen in the congregation recently: JOY and MATTHEW SWAIN! They've moved to another part of La Mesa.....What a joy it always is to hear TORI HAUK and her flute when she's home from school! And it's always good to see JIMMY WINCHELL and his trombone. He'll be back from college at Easter time..... Our own TERRY EAST did some OUTREACH on her own. She took a Christmas meal to the guys and gals at the downtown La Mesa Fire Department! And were they ever surprised!! Good for you, TERRY!

### MORE HUMOR:

Compliment:	The applause that refreshes
Complaint	A grief resume
Contentment	The smother of invention
Blizzard	Inside a fowl
X-Ray	The inside dope

## WELCA

The WELCA Board met at Margi Buller's home for lunch and board meeting on Tuesday , January 5.  
A good time was had by all and much business was accomplished.

It was time to say adieu to Maureen Borchardt who has served on the board for many years, the last three as secretary. Maureen was always able to forge wonderfully concise minutes out of our busy, talkative, sometimes meandering sessions as a board. Maureen also served as the liaison between St. Lukes and Avondale School. Maureen's close contact with the school allowed WELCA to supply some of the needs of the

families at Avondale at Christmas, Thanksgiving and throughout the school year. Maureen will continue to be our Avondale contact. Thank you Maureen for your years of faithful service.

The board approved the appointment of Cathie Floegel as Maureen's replacement. We are excited to have Cathie and know she will serve the women of St. Luke's well. Thank you Cathie for being willing to serve.

We look forward to the year ahead. Please mark your calendars for our Ash Wednesday Soup Supper which will begin the Lenten season. You are invited to the Lower Level for soup and bread on Wednesday, February 17<sup>th</sup> at 5:30. We look forward to seeing you there.

As we are now no longer a part of the ELCA, our women's' group needed a new appellation. After much discussion, and for the time being, the board voted to call ourselves the Women of St. Luke's. This is not a decision carved in stone and can be amended. Please talk to members of the board if you have other ideas and suggestions. Some of the other names that had been suggested had interesting and not completely flattering acronyms. So we went for simplicity for now. Please let us know what you think.

Don't forget the Mothers and Others Luncheon Saturday, May 15 at 11:30. Start inviting your friends and neighbors. Remember, Rebecca Knippelmeyer will be our guest speaker!

Margi Buller

If you would like to help the people of Earthquake ravaged Haiti you can go to the Lutheran World Relief web site Lutheran World Relief [news@lwr.org]. They have a multitude of ways other than monetary gifts. They need quilts, Health Kits, and School Kits.

Judy

## ON GOING OUTREACH

From Rachel Line and Jim Lovell of TACO:

Dear Members of St. Luke's Lutheran Church,

Thank you so much for your support of Third Avenue Charitable Organization (TACO) as we provide for the homeless, elderly, and low income persons residing in the downtown San Diego area.

Thank you especially for donating 200 gift cards worth \$10 each to Jack-in-the-Box. The guests were very excited to receive them. The leftover gift cards will be given out as needed..

We are blessed to have the support of churches like yours.

Again, thank you for your support of TACO.

And thanks to all who helped hand out the gift cards on December 28: Pastor Mark and Emily Rose, Makayla Stromenger, Marge Hersom, Martha Barrer and Martha Applegate.

TACO has asked that all who might be seasoned volunteers, as well as those who just want to know more about what TACO does, consider attending the 2010 TACO Healing in Service (THIS) training on Saturday, February 27, at First Lutheran downtown, from 8:00 a.m. – 4:00 p.m. You will learn about what it means to take care of those in need, who those in need might be, and what difference it may make. Lunch will be provided, but donations are always welcome.

**Martha Applegate**

**Warren-Walker second graders are having a performance on Friday, February 12th at 1:15 pm in the Family Center. If you haven't been to one of WW's plays you are really missing out, they are just delightful!**

**Judy**

Speakers include: Jim Lovell, MSW, Executive Director of TACO, Pastor Bill Radatz, 2009 TACO Board President, a panel of currently homeless persons, Nance Lovell, MSW, Coordinator of Simon's Walk Ministers (the volunteer group for Going Home End-of-Life Services), Rachel Line, TACO's Volunteer Coordinator, and Pastor Wilk Miller, Pastor of First Lutheran Church and TACO Board Member.

If you are interested in attending this most worthwhile event, please call the church office or Martha Applegate.

Manny Cruz is retiring in the fall.....seems impossible.....he has led this group for 25 years. It initially was a part-time position and under his leadership has grown to an incredible ministry.

The LBCM Board is currently working to clearly define Manny's position before beginning an interview process. Hopefully someone can be chosen in time for there to be "overlap" so that the work Manny does will not be interrupted.

### Parish Education

There's a lot of theology in hymns, especially those of Martin Luther; but did you know that some of it gets lost in translation?

We've had some interesting explorations of that in Pastor Mark's Sunday School class.

There are a lot of practical applications living in Paul's letters to the Christians at Corinth. We'll be exploring them next, also in Pastor Mark's class. This would be a great time to start coming in to the choir room after you have your coffee. You'll fit in whether you prefer to just listen, ask questions, or take part in discussion. This is the perfect time to give it a try.

**Marge Bitter**

## HEIFER INTERNATIONAL

MANY THANKS TO ALL ST. LUKE'S QUARTER GIVERS!! The quarter bank has just been emptied again.....and nearly \$100 will be sent in to HEIFER INTERNATIONAL. Your quarters do make a difference!

Over the years, Heifer has refined its methods, bringing a holistic approach to building sustainable communities. Families learn how to care for the soil and improve crop yields. They learn to protect the long-term productivity of their communities by caring for the forests, terracing hillside farms and monitoring water quality.

Some other significant aspects of Heifer's work:

**AGROECOLOGY.** Heifer's Agroecology Initiative teaches communities how to preserve natural resources while increasing crop production through integrated agriculture that uses plants, trees and livestock.

**GENDER EQUITY AND FAMILY FOCUS:** Women produce half the world's food, but 70 percent of the world's poor are women. Heifer's work helps ensure that women and men work as partners and that the important role of women in food security is recognized.

**MICROCREDIT:** In cash-poor communities, Heifer animals serve as "living loans" to help families earn money and start saving. Microenterprise development projects help people expand tiny businesses that yield big benefits for families.

**HIV/AIDS:** Heifer has responded aggressively to trends that are at once causes and consequences of poverty, such as the spread of HIV/AIDS.

**ORPHANS:** Heifer is working to help solve the alarming rise in the number of the world's orphans.

**ANIMAL WELL-BEING:** Heifer teaches the kind of farming that benefits the land, the people and the animals. It also helps rural villages

develop local health care for animals where veterinarians are not available.



Here are a few acknowledgements from some people who received Holiday giving from St. Luke's:

Dear People of St. Lukes,

Thank you so much for thinking of our family, we were very surprised by your kindness and love. You'll be in our hearts forever.

Thank you forever for giving us a Thanksgiving. We'll never forget.

Dear St. Lukes,

Again this year through your generosity we had a blessed Thanksgiving dinner.

Thank you for your wonderful ministry.

Dear St. Luke's,

You truly made this Thanksgiving special for us. You can best bet we were full on Thanksgiving. We would just like to give you our utmost thanks and appreciation for every thing you do.

Thank you for thinking of me.

I would like to say "thank you" so much for the Thanksgiving basket and the gift card for Christmas. Both are very much need at this time in my life and God Bless You!

Pastor Mark and Judy Jones, from the office, delivered Poinsettias to our shut ins during the Christmas holidays. They were thrilled.

## TREASURER NOTES

St. Luke's Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East  
Treasurer

Dear Pastor & St. Luke friends,

Thank you for the beautiful poinsettia at this holiday. Your thoughtfulness will long be remembered.

Sincerely,  
Evelyn Pierce

**Our thank you for your concerns, prayers and cards during the recent loss of Roy's father and step mother.  
We appreciate our St. Luke's family.**

**Thank you,**

**The Wheeler family**



## FEBRUARY BIRTHDAYS

Bob Becker	Carol Bohnsack
Bev Carson	Michele DiPierro
Marge Henkel	Andy Killion
Hazel Knippelmeyer	Maggie Simmons
Devon Taylor Lougeay	

## MEMORIAL GIFTS

**Donna Bohnsack Memorial  
Glen Bohnsack**

## FEBRUARY WORSHIP TEXT

### 7th Fifth Sunday after Epiphany

First Lesson—Isaiah 6: 1-8 [9-13]  
Second Lesson—1 Corinthians 15: 1-11  
Gospel—Luke 5: 1-11

### 14th Last Sunday after Epiphany

First Lesson—Exodus 34: 29-35  
Second Lesson—2 Corinthians 3: 12—4: 2  
Gospel—Luke 9: 28-36 [37-43]

### 17th Ash Wednesday

First Lesson—Isaiah 58: 1-12  
Second Lesson—2 Corinthians 5:  
2ob—6:10  
Gospel—Matthew 6: 1-6, 16-21

### 21th Second Sunday after Epiphany

First Lesson—Isaiah 62: 1-5  
Second Lesson—I Corinthians 12: 1-11  
Gospel—John 2: 1-11

### 28th Third Sunday after Epiphany

First Lesson—Nehemiah 8: 1-3, 5-6, 8-10  
Second Lesson—I Corinthians 12: 12-31a  
Gospel—Luke 4: 14-21

## PARISH BUILDER ARTICLES

For March 2010

**Due in the office  
February 16th**

*Thank you, Judy*

**FEBRUARY  
PRAYER CALENDAR**

1	Ephesians 5: 15-21	
2	Isaiah 55: 6-9	
3	Philippians 2: 1-8	
4	I Thessalonians 1: 2-5a	<i>O God, you are my God; earnestly I seek you; my soul thirsts</i>
5	Hebrews 10: 19-23	<i>for you; my flesh faints for you, as in a dry and weary land</i>
6	II Peter 1: 16-21	<i>where there is no water.</i>
7	Ephesians 4: 1-8	
8	Luke 9: 23-27	<i>So, I have looked upon you in the sanctuary, beholding your</i>
9	II Samuel 22: 1-4	<i>power and glory.</i>
10	John 12: 44-50	
11	John 15: 18-21	<i>Because your steadfast love is better than life, my lips will</i>
12	Hebrews 12: 1-2	<i>praise you.</i>
13	Luke 24: 44-49	
14	Psalms 33: 13-19	<i>So I will bless you as long as I live; in your name I will lift up my</i>
15	Colossians 3: 1-4	<i>hands.</i>
16	Psalms 145: 1-7	<i>Psalms 63: 1-4</i>
17	Romans 13: 8-10	
18	Psalms 24: 7-10	
19	Proverbs 8: 32-36	
20	Psalms 147: 7-11	
21	James 1: 19-25	
22	Romans 6: 1-4	
23	Romans 6: 5-11	
24	Romans 6: 12-14	
25	Psalms 139: 1-6	
26	Romans 11: 33-36	
27	I Peter 1: 3-4	
28	Revelation 1: 4-8	

## FEBRUARY WORSHIP TEAMS

	February Reader February Altar Guild	<i>Marge Henkel Jo Ann Hendrickson</i>
<b>7th</b>	Communion Assistant — Bread	<i>Shirley Carrington</i>
	Prayers of the People	<i>Pastor Mark</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistants — Wine	<i>Bruce Fowler, George Moore</i>
	Greeters	<i>Loraine Wininger,</i>
	Usher Team	<i>Randy Engel</i>
<b>14th</b>	Communion Assistant—Bread	<i>Pat Swanson</i>
	Prayers of the People	
	Projectionist	<i>Shirley Carrington</i>
	Communion Assistants — Wine	<i>Gene &amp; Hazel Knippelmeyer</i>
	Greeters	<i>Bob Becker, Chuck Volker</i>
	Usher Team	<i>George Hauk</i>
17th	Communion Assistant-Bread Ash Wednesday	
	Prayers of the People	
	Projectionist	
	Communion Assistant-Wine	<i>Cathie Floegel and Liz Dunnigan</i>
	Greeters	
	Usher Team	
<b>21st</b>	Communion Assistant— Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Bev Holland</i>
	Projectionist	<i>Gail Knippelmeyer</i>
	Communion Assistants — Wine	<i>Marilyn Burns, Loraine Wininger</i>
	Greeters	<i>Bob &amp; Marilyn Burns</i>
	Usher Team	<i>Shirley Carrington</i>
<b>28th</b>	Communion Assistant— Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>Liz Dunnigan</i>
	Projectionist	<i>Hazel Knippelmeyer</i>
	Communion Assistant — Wine	
	Greeters	<i>Darcy Barghols, Jim &amp; Dawn Dolan, Gene &amp; Hazel Knippelmeyer</i>
	Usher Team	<i>Chuck Hersom</i>

# FEBRUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 9:00 a.m. Counters 7:00 p.m. Council	<b>2</b> 9:00 a.m. Facilities Meeting WELCA Noon 6:00 p.m. Worship Arts 7:00 p.m. Parish Ed	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
<b>7</b> 9:00 a.m. Worship Service 10:25 a.m. Sunday School	<b>8</b> 9:00 a.m. Counters Finance 5:30 p.m. Executive Council 6:00 p.m. Council 7:00 a.m. Council	<b>9</b> 9:30 a.m. Project day 7:00 p.m. Rebekah Circle	<b>10</b> 5:30 p.m. WNL/potluck 6:15 p.m. Bible study 7:00 p.m. Choir	<b>11</b>	<b>12</b> 1:15 p.m. WW 2nd grade play	<b>13</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
<b>14</b> 9:00 a.m. Worship Service 10:25 a.m. Sunday School	<b>15 Presidents Day</b> <b>Campus Closed</b> WW school - out all week	<b>16</b> 9:00 a.m. Facilities crew	<b>17 Ash Wednesday</b> 5:30 p.m. Soup supper 6:15 p.m. Bible study 7:00 p.m. Choir	<b>18</b> 10:00 a.m. Deborah Circle	<b>19</b>	<b>20</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
<b>21</b> 9:00 a.m. Worship Service 10:25 a.m. Sunday School	<b>22</b> 9:00 a.m. Counters 9:00 a.m. Facilities	<b>23</b> 9:00 Counters 9:00 a.m. Facilities crew 9:30 a.m. Project day	<b>24</b> 5:30 p.m. Soup supper 6:15 p.m. Bible study 7:00 p.m. Choir	<b>25</b>	<b>26</b> 6-8 p.m. Cub Scouts dinner	<b>27</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild 9-11 a.m. WW Kindergarten Evaluations
<b>28</b> 9:00 a.m. Worship Service 10:25 a.m. Sunday School						

**ST. LUKE'S LUTHERAN CHURCH**  
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NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
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EL CAJON, CA  
PERMIT NO 262

Dated Material  
January 2009

ADDRESS SERVICE REQUESTED

**WORSHIP:** Sundays—9:00 a.m.  
Sunday school for all ages at  
10:30 am. at various locations on campus.

***Warm Welcome to All***

**St. Luke's Mission Statement:**

We are called as a community of Christians  
saved by grace  
—through faith alone in Jesus Christ—  
to spread the Holy Gospel  
in word, sacrament, and action  
*solī deo gloria.*