



# The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942  
www.st-lukes-la-mesa.org

March 2010  
Volume 10 Issue 3  
Monthly Newsletter

## We invite you to join St. Luke's Lutheran Church.

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:  
619-463-6633 or [office-sllc@att.net](mailto:office-sllc@att.net)

Office hours are:  
Monday - Friday, 8:00 a.m. - 5:00 p.m.

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## Email Us Your Email Address

**\*Please note our new email address!**

St. Luke's hopes to increase its methods of communication. Email is a fast and cost effective way to communicate. Please send the church office your email address ([office-sllc@att.net](mailto:office-sllc@att.net)) and please indicate how often you check your email. We will not distribute your address beyond the church office and any blanket emails to the congregation will not list individual addresses.

## What does this mean?

Luther in his *Small Catechism* often presents a portion of text and then asks, "What does this mean?" For example, after citing the third article of the Apostles' Creed,

I believe in the Holy Spirit,  
the holy Christian church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

Luther asks, "*What does this mean?*"

*Answer:*

"I believe that by my own reason or strength I cannot believe in Jesus Christ, my Lord, or come to him. But the Holy Spirit has called me through the Gospel, enlightened me with his gifts, and sanctified and preserved me in true faith, just as he calls, gathers, enlightens, and sanctifies the whole Christian church on earth and preserves it in union with Jesus Christ in the one true faith. In this Christian church he daily and abundantly forgives all my sins, and the sins of all believers, and on the last day he will raise me and all the dead and will grant eternal life to me and to all who believe in Christ. This is most certainly true."

How often do we reflect on the meaning of this meaning? We like to think that so much of what church is is what we do, and we like to do many things. We like service projects. We like social activities. We like planning events. We like taking care of the property. The list goes on. In all our business and busyness, however, it is easy to overlook the fact that all aspects of church-

*Continued from page 1*

related activities stem from someone and something beyond our grasp, namely the Holy Spirit and the gospel of Jesus Christ.

When we read Luther's explanation above, even in its daily

aspects, what do we see? How does this explanation relate to our daily activities as members of St. Luke's Lutheran Church? If we were to tell someone about St. Luke's as a church, how prominently would Luther's explanation of church life figure?

The reflections at our midweek Lenten services this year will be dealing with this topic. The third article of the creed is where much church identity and conflict arise. As St. Luke's develops a new chapter in its life, we need to be fairly clear why it is that we do what we do, on directed by the Holy Spirit and the gospel precisely for the sake of the one true faith and our common witness to it.

### **Congregational Meeting**

St. Luke's will hold a congregational meeting on Sunday, March 21, 2010 after services. The main item on the agenda is the annual budget for 2010, although other items may also be need to be considered. All members of St. Luke's Lutheran Church are invited to attend.

### **Two Easter Services**

This year, St. Luke's will offer two Easter Sunday services. In addition to our usual 9:00 am service, we will also have an 11:00 am service. This provides us with an extra opportunity to proclaim the resurrection of Jesus Christ twice on Easter Sunday. It also means that we may need some additional help covering all our ministries during the services. So, if you would like extra or double duty on Easter morning, please volunteer.

Also, in-between services, St. Luke's will also offer a light continental breakfast starting at 10:00 am. So, please plan to invite family and friends to join us at St. Luke's for a wonderful time of worship and celebration.

### **Many Thanks to Pastor Peterson**

We wish to thank Pastor Dave Peterson for covering for Pastor Mark on 21 February. Unfortunately, Pastor Mark's planned mission trip with Mexican Medical Ministries in Loreto, Mexico was cancelled due to inclement weather. After watching the weather the preceding week, the pilot decided to cancel the trip just before the departure day. All reports from the Sunday indicate that Pastor Peterson again provided a very fine service. We also wish to thank Lyle Swanson for serving as a worship assistant to Pastor Peterson.

### **Thanks Facilities Crew**

We wish to thank the Facilities Crew for trimming invasive roots and for replacing lifted sidewalk at the back of the church. After much contemplation and deliberation, it was decided to attempt the repair while trying to save the tree. We also thank Mike Logsdon of Master Plumbing for his firm's contribution to the repairs.

### **Chimes Ring Again**

We wish to thank Roger and Sue Caldwell and Mike Logsdon for their efforts reviving the church tower chimes. Given the antiquated nature of the equipment, Sue recorded new chime tunes, and Roger and Mike worked to update the equipment so that they would play. The chimes now sound at 9:00 am, 12:00 noon, and 2:45 pm (when school ends) during the week. They also chime on Sunday shortly shortly before the service begins.

## TREASURER NOTES

St. Luke's Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East  
Treasurer

### Parish Potpourri

JOE PACE was recently honored at a reception celebrating the 4<sup>th</sup> Annual Local Authors Exhibit at the San Diego Public Library. This event recognized local authors who had a book published in 2009. JOE was honored for his book, "HAPPY LANDING." Congratulations, JOE!!.....Our own JUDY JONES had a wonderful week with her son, MATT, and family in Liberty Hill, Texas, near Austin.....ANGELS AS EXPLAINED BY CHILDREN:

I only know the names of two angels,  
Hark and Harold  
Angels don't eat....but they drink milk  
from Holy Cows  
Angels live in cloud houses made by God  
and his Son, who's a carpenter  
All angels are girls because they gotta  
wear dresses and boys don't go for it

### Library Person

As we are aware, St. Luke's has a fine library, and we have a number of folks who help to keep it organized and running smoothly as best as their time allows. Unfortunately, their time is limited, and St. Luke's needs extra people to help. If you are interested in helping with the library, please contact the church office.

## Dear fellow Congregants,

Your Fellowship Committee would like to call your attention to several upcoming events in the months ahead.

1. On Tuesday April 17 there will be a 5:00 pot-luck in the Lower Level followed by an evening of musical entertainment at the Joan Kroc Center listening to the styling's of the San Diego Concert Band at 7:00.
2. While spring cleaning pull out those White Elephant items in anticipation of our second annual White Elephant Bingo night. There will be fun and hilarity for all as we compete for the prizes on May 22. Bring your friends and family. Everyone wins.
3. Men mark your calendars because Saturday June 19 the Sons of the Father luncheon will be held in the Lower level. All males, young and more mature (laying claim to adoption by God the Father )are invited.
- 4.. If you are interested in hosting or attending a Fellowship meal, please sign up in the Lower Level March 7 or 14 after church.
5. Recommended: Schedule some time to join a VBS work party. As last year demonstrated, equal parts fun, creativity, laughter, work, fellowship and job satisfaction. The Mother's Day Luncheon hosted by the Women of St Luke's is always a highlight of the church calendar.
6. Keep your eyes and ears open for other Fellowship events to be announced. Anyone with an event or idea to share or willing to volunteer help at an event, please contact Jennifer Killion or Angie Hauk.

**WSL  
(Women of St. Lukes )**

Did you notice the row of health kits gracing the pew in the Lower Level? The Project Day Ladies put together these wonderful gifts to go specifically to Haiti through Lutheran World Relief. In the interest of doing more and having more of our St. Luke's people participate in these humanitarian efforts, the Women of St. Luke's (formerly WELCA) are asking for your help. Here is a schedule that might be helpful:

ITEM	DATE	APPEAL	DUE DATE
Health Kits	February	End of March	
Sewing Kits	April	End of May	
Layettes	June	End of July	
School Kits	August	End of September	
Quilt Squares	October	End of November	

Each month in the BUILDER we will list what is required in each of the various kits. These lists are provided to us by Lutheran World Relief with the goal of each kit being standardized and for ease of shipping.

We are not asking that you provide a complete kit, but only that you might think about the list as you do your weekly shopping. Put an extra bar of soap, a toothbrush, a wash cloth, or a small package of band aids into your shopping cart. There will be a collection basket in the narthex for your offerings. If you see an item that is an incredible buy, there are funds in the Women of St. Luke's treasury to cover the cost. Please use your discretion. Our goal is to be wise stewards of your money.

**HEALTH KITS INCLUDE:**

One hand towel, dark color recommended  
 One washcloth, dark color recommended  
 One bath-size bar (4-5 oz) of soap, any brand, in its original wrapping

One adult-size toothbrush in its original packaging

One sturdy comb, remove packaging

One metal nail file or nail clippers with file attached, remove packaging ( do not substitute cardboard emery boards)

Six Band-Aids (or similar brand) preferably 1/2" to 3/4", secured together with a rubber band

If you would like to look ahead with the other kits in mind, please reference the LUTHERAN WORLD RELIEF "BE INVOLVED" booklet that was passed out to each member. If you need another copy, please see Shirley Carrington, Betty Wiedmer, Margi Buller or go online to lwr.org.

**MOTHERS AND OTHERS**

Please mark May 15, 2010 on your calendars for the annual Mothers and Others Luncheon. The Women of St. Luke's Board voted that the people of Haiti will be the recipients of our offerings that day. Monies will be funneled through Lutheran World Relief. Rebecca Knippelmeyer will speak on the topic, "There's No Place Like Home". There will be an old fashion hymn sing and wonderful food served by the gentlemen of St. Luke's. Liz Dunnigan and Angie Hauk are in charge of decorations.

How often do we remember to thank Robin and Roy for making sure we all have our coffee on Sunday mornings? What would we do without our coffee? What would we do without the Wheelers? They are a blessing to us.

Humor for the day. You might be a Lutheran if you have your wedding reception in the Fellowship Hall and feel guilty about not staying to clean up.

**ON GOING OUTREACH**

**Please be sure to read all about the Outreach Committee's special HEIFER INTERNATIONAL event planned for Sunday, April 25.**

## THIS AND THAT:

..... A change in our TACO serving schedule: instead of helping serve the evening meal on March 29, we will be helping serve breakfast on March 26.

..... Save the Date!! TACO's annual fundraiser, EMPTY BOWLS, is planned for Saturday, May 8<sup>th</sup>. The bowls are beautiful, the soup and bread (all donated) are terrific.

..... The Alan Shawn Feinstein Fund has again made one million dollars available to anti-hunger organizations nationwide. To participate, simply make one or more donations to TACO during March and/or April. Release of funds is based on how much money each agency can raise between March 1 and April 30.

..... Lutheran Border Concerns update: Even though many mission teams from throughout the USA cancelled out during 2009, 30 small houses were built by the 24 teams that did arrive. In addition, four houses were built by volunteers from the Tijuana churches with funds donated for that purpose.

..... Pastors and lay leaders from five different Tijuana churches met in January for a seminar. They studied "Law and Gospel" based on the publication, THE GOOD NEWS MAGAZINE, out of St. Louis.

..... Ongoing LBCM needs: a car, rice, bars of soap, Ramen noodle soup.

..... Plant With Purpose (formerly known as Floresta.....one of the non-profits present at St. Luke's Alternative Gift Faire) has been working in Haiti for 13 years and has 42 local staff who provided immediate food aid and long term recovery to more than 15,000 people in the Haiti for 13 years and has 42 local staff who provided immediate food aid and long term recovery to more than 15,000 people in the countryside near Port-au-Prince. A mass migration out of

Port-au- Prince to the countryside where Plant With Purpose works has seen a 40% increase in the population there. Available tree seedlings are being planted by local Haitians before the rainy season commences.

## HEIFER INTERNATIONAL

You are invited to  
**A GOURMET BRUNCH**  
and the opportunity to view

### 12 STONES

a film on the work of Heifer International  
(narrated by Diane Lane)

Sponsored by your Outreach Committee, come share this meal with us. We'll screen Heifer's new documentary, 12 STONES, that illustrates Heifer's work with illiterate women in Nepal and their journey out of poverty to self-reliance. 12 STONES captures the remarkable transformation these women have undergone, and illuminates Heifer's mission to work with communities to end hunger and poverty while caring for the Earth.

DATE: SUNDAY, APRIL 25  
PLACE: THE LOWER LEVEL  
TIME: AFTER THE 9 A.M. WORSHIP SERVICE  
TICKET: JUST \$5.00 PER PERSON  
(CHILDREN 12 AND UNDER ARE FREE)

Invite your family members, neighbors and friends! Tickets will be available after worship services on April 11 and April 18.

12 STONES will address skepticism you may have about the effectiveness of foreign aid and the impact YOU can make. You'll see how empowering women can bring an entire village out of poverty, and also witness Heifer's approach to creating hope and self-reliance one community at a time.

## What's Happening Around St. Luke's

Bids were received from two roofing contractors to repair the damage to the Sanctuary roof caused by one of the big storms.

**The window has been replaced** in the Lower Level which was broken a couple weeks ago by an intruder in the middle of the night. Luckily, our security alarm sounded and the person or persons retreated. Nothing was disturbed by the brief intrusion.

It was a stormy night and the police feel it was someone trying to get in out of the inclement weather.

**A staff member from C&M Publications** was in the last week making calls for advertising for this newsletter. If you know of anyone who would like to advertise their business in our newsletter, ask them to call the phone number on the advertising page.

## Council highlights

**Mel and Barbara Hinton** have become members.

**Discussion was held to inform all** that the 2010 budget is being put together and will be ready to present to the congregation at the March congregational meeting.

**Lower Level re-work/design**—The church has been in touch with the architect to obtain firmer drawings concerning the Narthex and Lower Level. Handicap restrooms to be off the Narthex just at the top of the stairs and in the Lower Level. Project to be done in 3 stages:

1. Handicap restrooms in the Narthex.
2. Restrooms in the Lower Level
3. Classroom 7

More information to follow.

**Fite Plumbing** across the street from the church wants to put in parallel parking on the opposite side of the street from the church and asked if this would be a problem for St. Luke's. The general opinion from the council was that there would not be a problem.

**It was approved that Parish Ed** would be granted \$1000.00 to help offset the cost of VBS for July 19-23. The theme will be Egypt, Joseph's Journey from Prison to Palace.

**It was agreed that Vern Neff** will work on a part time basis helping in the office. He will take care of the bills and the writing of checks. This will take some of the load off of Judy.

**The Council will elect a Nominating Committee/Elections** Nov 2010 at Congregational meeting. The congregation will be asked to affirm current council.

**Next council meeting is March 8, 2010.**

## DID YOU KNOW!

Our monthly newsletter is printed free because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you are looking for a private school for your child or grandchild,

PLEASE CALL and THANK. ...

**WARREN-WALKER SCHOOL**

***Make sure you tell them you heard about them from our newsletter!***

Dear Friends in Christ,

What a joy it has been for you to share your prayers and blessings for me, It will help me get thru this very painful and trying time in my life. I am so lucky to have such dear friends. Please continue to keep me in your thoughts and prayers.

May God continue to bless all of you.

Your friend,  
Maxine Vandewalker

## MARCH WORSHIP TEXT

### 7th Third Sunday in Lent

First Lesson—Isaiah 55: 1-9

Second Lesson—1 Corinthians 10: 1-13

Gospel—Luke 13: 1-9

### 14th Fourth Sunday in Lent

First Lesson—Joshua 5: 9-12

Second Lesson—2 Corinthians 5: 16-21

Gospel—Luke 5: 1-3, 11B-32

### 21st Fifth Sunday in Lent

First Lesson—Isaiah 43: 16-21

Second Lesson—Philippians 3: 4b-14

Gospel—John 12: 1-8

### 28th Palm Sunday/Cantata

## MEMORIAL GIFTS

**Donna Bohnsack Memorial**  
**Glen Bohnsack**



## MARCH BIRTHDAYS

**Marge Bitter**  
**Dave Buller**  
**Robert Burns**  
**Rich Floegel**  
**Leanne Kimble**  
**Lyle Swanson**  
**Sharon Van Ostrand**

**Marianne Boullain**  
**Marilyn Burns**  
**Vi De Marce**  
**Leah Johnson**  
**Billy Miles**  
**Chris Parks**  
**Robin Wheelerwer**

## PARISH BUILDER ARTICLES

For April 2010

**Due in the office**  
**March 16th**

*Thank you, Judy*

**MARCH  
PRAYER CALENDAR**

1	I Peter 3: 13-17	
2	Isaiah 44: 6-8	
3	Malachi 3: 16-18	
4	Matthew 11: 2-6	
5	Colossians 3: 9-14	<i>Oh Lord, I call upon you; hasten to me!</i>
6	Psalm 18: 28-32	
7	Hebrews 3: 1-6	<i>Give ear to my voice when I call on you!</i>
8	Psalm 19: 7-11	
9	II Corinthians 2: 14-17	<i>Let my prayer be counted as incense before you,</i>
10	II Thessalonians 1: 11-12	
11	Luke 5: 17-26	<i>And the lifting of my hands as the evening sacrifice!</i>
12	Psalm 73: 23-28	
13	Isaiah 42: 1-4	<i>Psalm 141: 1-2</i>
14	Galatians 1 11-17	
15	I Peter 1: 13-21	
16	Psalm 146: 1-10	
17	Matthew 16: 21-23	
18	I Peter 2: 9-12	
19	Psalm 147: 1-6	
20	Luke 12: 23-31	
21	I Corinthians 1: 26-31	
22	I Peter 2: 1-6	
23	John 14: 1-7	
24	I John 4: 7-12	
25	John 10: 1-7	
26	John 10: 11-18	
27	Luke 14: 7-11	
28	Matthew 21: 1-11	
29	Mark 8: 31—9: 1	
30	John 12: 27-36	
31	Matthew 26: 6-13	

## MARCH WORSHIP TEAMS

	March Reader March Altar Guild	<i>Karen Skullerud Vi De Marce</i>
<b>7th</b>	Communion Assistant — Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>George Moore</i>
	Projectionist	<i>Gail Knippelmeyer</i>
	Communion Assistants — Wine	<i>Liz Dunnigan, Darcy Barghols</i>
	Greeters	<i>Loraine Wininger, Bonnie Fuller</i>
	Usher Team	<i>Randy Engel</i>
<b>14th</b>	Communion Assistant—Bread	<i>Pat Swanson</i>
	Prayers of the People	<i>Marge Hersom</i>
	Projectionist	<i>Marie Handley</i>
	Communion Assistants — Wine	<i>Dawn Dolan, Marge Hersom</i>
	Greeters	<i>Bob Becker, Chuck Volker</i>
	Usher Team	<i>George Hauk</i>
<b>21st</b>	Communion Assistant— Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Pat Swanson</i>
	Projectionist	<i>Hazel Knippelmeyer</i>
	Communion Assistants — Wine	<i>George Moore</i>
	Greeters	<i>Bob &amp; Marilyn Burns</i>
	Usher Team	<i>Shirley Carrington</i>
<b>28th</b>	Communion Assistant— Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Pastor Mark</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistant — Wine	<i>Gene &amp; Hazel Knippelmeyer</i>
	Greeters	<i>Gene &amp; Hazel Knippelmeyer, Darcy Barghols, Jim &amp; Dawn Dolan</i>
	Usher Team	<i>Chuck Hersom</i>

# MARCH 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 9:00 a.m. Counters	<b>2</b> 9:00 a.m. Facilities Mtg. Noon WELCA 6:00 p.m. Worship Arts 6:30 p.m. Special Olympic 7:00 p.m. Parish Ed	<b>3</b> 5:30 p.m. Soup Supper (Facilities) 6:30p.m. Lent Service 7:15p.m. Choir	<b>4</b> 10:00 a.m. Outreach	<b>5</b>	<b>6</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
<b>7</b> 9:00 a.m. Worship Service 10:25 a.m. Sunday School	<b>8</b> 9:00 a.m. Counters 5:30 p.m. Finance 6:00 p.m. Executive Council 7:00 a.m. Council	<b>9</b> 9:30 a.m. Project Day 6:30 p.m. Special Olympic 7:00 p.m. Rebekah Circle	<b>10</b> 5:30 p.m. Soup Supper (Outreach) 6:30p.m. Lent Service 7:15 p.m. Choir	<b>11</b> 7:00 p.m. Grossmont College dress rehearsal	<b>12</b> 6-7:30 p.m. Warren-Walker Boy Scouts— Pinewood Derby	<b>13</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
<b>14</b> 9:00 a.m. Worship Service 10:25 a.m. Sunday School	<b>15</b> 9:00 a.m. Counters 9:00 a.m. Facilities	<b>16</b> 9:00 a.m. Facilities crew 6:30 p.m. Special Olympic	<b>17</b> 5:30 p.m. Soup Supper (Council) 6:30 p.m. Lent Service 7:15 p.m. Choir	<b>18</b> 10:00 a.m. Deborah Circle	<b>19</b>	<b>20</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
<b>21</b> 9:00 a.m. Worship Service 10:25 a.m. Sunday School	<b>22</b> 9:00 a.m. Counters 9:00 a.m. Facilities	<b>23</b> 9:00 a.m. Facilities crew 9:30 a.m. Project Day 6:30 p.m. Special Olympic	<b>24</b> 5:30 p.m. Soup supper (Parish Ed.) 6:30 p.m. Lent Service 7:15 p.m. Choir	<b>25</b> 9-11 a.m. Warren-Walker Grandparents Day	<b>26</b> 1:15 p.m. Warren-Walker-1st grade play	<b>27</b> 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild 9:00 a.m. P/u palms and place in Sanctuary
<b>28 PALM SUNDAY</b> Cantata 9:00 a.m. Worship Service 10:25 a.m. Sunday School	<b>29</b> 9:00 a.m. Counters 9:00 a.m. Facilities	<b>30</b> 9:00 a.m. Facilities 6:30 p.m. Special Olympic	<b>31</b>	<b>1 APRIL</b> 7:00 p.m. MAUNDY THURSDAY SERVICE	<b>2</b> 7:00 p.m. GOOD FRIDAY SERVICE	<b>3</b>

**ST. LUKE'S LUTHERAN CHURCH**  
**5150 WILSON STREET**  
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ADDRESS SERVICE REQUESTED

**A WARM WELCOME TO ALL**

WORSHIP: Sundays—9:00 a.m.  
Sunday school for all ages 10:30 am. - Lower Level  
Wednesdays 6:30 pm Lenten Services  
Palm Sunday and Cantata—March 28th  
Maundy Thursday—April 1st @ 7:00 pm  
Good Friday—April 2nd @ 7:00 pm  
Easter Service—April 4th @ 9 and 11 am  
Easter Brunch—April 4th @ 10am

**St. Luke's Mission Statement:**

We are called as a community of Christians  
saved by grace  
—through faith alone in Jesus Christ—  
to spread the Holy Gospel  
in word, sacrament, and action  
*soli deo gloria.*